

November 29th - December 22nd 2018

	Allergens	Gluten Free	Vegetarian Suitable	Vegan Suitable
	Celery / celeriac - Crustaceans - Eggs - Fish Gluten - Lupin - Milk - Molluscs - Mustard - Nuts Peanuts - Sesame - Soybeans - Sulphur dioxide	Our fryers may contain trace elements of gluten		
Tomato & roasted red pepper soup. VEGETARIAN. Served with wholemeal roll & butter.	CELERY in soup GLUTEN in roll and crouton MILK in butter	Can be with notice	Yes	No
Tomato & roasted red pepper soup. VEGAN. Served with wholemeal roll & butter.	CELERY in soup GLUTEN in roll and crouton	Can be with notice	Yes	Yes
Homemade mackerel pate. Hot toast and butter.	FISH in pate MILK in pate (as crème fraiche) GLUTEN in toast GLUTEN in salad dressing MILK in butter MUSTARD in salad dressing CRUSTACEANS in pate (factory trace only) MOLLUSC in pate (factory trace only)	Can be with notice	No	No
Tempura battered king prawns	CRUSTACEANS as prawns EGG in batter SOYBEANS in batter GLUTEN in batter GLUTEN in bread GLUTEN in salad dressing MILK in butter MUSTARD in salad dressing	No	No	No
Baked Camembert. Topped with cranberry jam. With bits to dip.	MILK in cheese MUSTARD in salad dressing GLUTEN in ciabatta	Can be with notice	Yes	No
Olives	NONE	Yes	Yes	Yes
Nachos The stated ingredients of the nachos chips are: Maize, High Oleic Sunflower Oil (22%), Salt. However, they are produced in a factory which may contain: Cereals containig gluten, milk, soya.	MILK in cheese MILK in nachos (factory trace only) GLUTEN in nachos (factory trace only) SOYBEANS in nachos (factory trace only) NUTS in salsa PEANUTS in salsa	The nachos are made in a factory that may have trace elements of gluten.	Yes	No
Nachos VEGAN OPTION (See below) The stated ingredients of the nachos chips are: Maize, High Oleic Sunflower Oil (22%), Salt. However, they are produced in a factory which may contain: Cereals containig gluten, milk, soya.	NUTS in salsa PEANUTS in salsa	Yes	Yes	Yes

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Roasted turkey breast, rolled and stuffed with sage & onion sausage meat. Served with 'pigs in blankets' and red berry gravy.	GLUTEN in stuffing GLUTEN in chipolata GLUTEN in gravy SULPHUR DIOXIDE in gravy SOYA in gravy	Can be with notice	No	No
Diced shoulder of pork and field mushrooms. Served in a creamy apple, cider, mustard and pepper sauce.	MUSTARD in sauce MILK in sauce	Yes	No	No
Fish pie. Salmon, cod, haddock and prawns. Topped with roast potato mash.	CELERY in sauce CRUSTACEANS in pie FISH in pie GLUTEN in pie MILK in pie MUSTARD in pie SULPHUR DIOXIDE in pie	No	No	No
Ribeye steak.	GLUTEN in sauce GLUTEN in onion rings MILK in sauce SULPHUR DIOXIDE in sauce	Can be with notice	No	No
Whole roasted red pepper Homemade ratatouille	CELERY in rice		Yes	Yes
Game pie 12oz shortcrust pastry pie	CELERY in pie GLUTEN in pie EGGS in pie MILK in pie SOYA in pie SULPHUR DIOXIDE in pie SOYA in gravy SULPHUR DIOXIDE in gravy Gluten in gravy	No	No	No
Turkey & cranberry 12oz shortcrust pastry pie	CELERY in pie GLUTEN in pie EGGS in pie MILK in pie SOYA in gravy SULPHUR DIOXIDE in gravy Gluten in gravy	No	No	No
Mushroom & spinach pie 12oz shortcrust pastry pie	CELERY in pie GLUTEN in pie EGGS in pie MILK in pie SULPHUR DIOXIDE in pie SOYA in gravy SULPHUR DIOXIDE in gravy Gluten in gravy	No	Yes	No
Mains accompaniments: Roast potatoes	NONE	Yes	Yes	Yes
Mains accompaniments: Brussel sprouts	NONE	Yes	Yes	Yes
Mains accompaniments: Carrots & parsnips	NONE	Yes	Yes	Yes

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Beef Burger	CELERY in burger GLUTEN in burger GLUTEN in brioche bun GLUTEN in salad dressing MUSTARD in burger MUSTARD in salad dressing EGGS in brioche bun MILK in all cheeses SULPHUR DIOXIDE in coleslaw MILK in coleslaw MUSTARD in coleslaw	There is a small amount of gluten in the burger itself (Colemans mustard) Otherwise it can be made GF	No	No
Vegetarian burger	GLUTEN in vegetarian burger SOY BEANS in vegetarian burger GLUTEN in brioche bun GLUTEN in salad dressing MUSTARD in salad dressing EGGS in brioche bun MILK in cheese SULPHUR DIOXIDE in coleslaw MILK in coleslaw MUSTARD in coleslaw	No	Yes	No
Vegan burger	GLUTEN in vegan burger SOY BEANS in vegan burger GLUTEN in bun GLUTEN in salad dressing MUSTARD in salad dressing	No	Yes	Yes
Breaded turkey breast burger. With bacon & chipolatas and cranberry mayonnaise.	GLUTEN in breadcrumb GLUTEN in brioche bun GLUTEN in salad dressing GLUTEN in chipolata MUSTARD in burger MUSTARD in salad dressing EGGS in brioche bun EGGS in coleslaw MILK in breadcrumb SULPHUR DIOXIDE in mayonnaise MILK in mayonnaise MUSTARD in mayonnaise SULPHUR DIOXIDE in coleslaw MILK in coleslaw MUSTARD in coleslaw	No	No	No

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Traditional Christmas pudding. Served with brandy cream ice-cream.	GLUTEN in pudding NUTS in factory PEANUTS in factory EGG in GF option MILK in ice-cream	Can be with notice GF version Contains EGG	Yes	Vegan version contains gluten (no ice-cream)
Traditional Christmas pudding. VEGAN.	GLUTEN in pudding NUTS in pudding NUTS in factory PEANUTS in factory	No	Yes	Yes
Chocolate brownie. Madagascan vanilla ice-cream.	EGGS in brownie GLUTEN in brownie MILK in brownie MILK in ice-cream	Can be with notice	Yes	No
Pear, apple & blackberry frangipane tart. Madagascan vanilla ice-cream.	GLUTEN in pastry MILK in pastry MILK in ice-cream	No	Yes	No
Sticky toffee pudding & custard.	GLUTEN in pudding SOYBEANS in pudding EGG in pudding MILK in pudding MILK in custard	No	Yes	No
Hazelnut ice-cream	NUTS in ice-cream MILK in ice-cream GLUTEN in wafer MILK in wafer SOYBEANS in wafer MILK in sauce	GF if no wafer	Yes	No
Sour cherry & amaretto sorbet.	GLUTEN in wafer MILK in wafer SOYBEANS in wafer	GF if no wafer	Yes	Vegan if no wafer
Cheese & Biscuits. Mature Cheddar, Brie, Stilton and Wensleydale & cranberry.	GLUTEN in biscuits GLUTEN in salad dressing MILK in biscuits MILK in butter MILK in all cheese MUSTARD in salad dressing NUTS in biscuits PEANUTS in biscuits SESAME in biscuits SOYBEANS in biscuits SULPHUR DIOXIDE in salad dressing SULPHUR DIOXIDE in chutney	Can be with notice	Yes	No
Ketchup	CELERY	Yes	Yes	Yes
Mayonnaise	EGGS MILK MUSTARD	Yes	Yes	No
Cranberry	SULPHUR DIOXIDE	Yes	Yes	Yes
English mustard	GLUTEN MUSTARD	No	Yes	Yes
French mustard	GLUTEN MUSTARD SULPHUR DIOXIDE	No	Yes	Yes
Tartare	EGGS MUSTARD	Yes	Yes	No